



# Career and Academic Advising Spring 2023 Workshops

## Career Readiness Workshop

*Cindy Alcombright*

This workshop will enhance your oral/written communication skills, build self-confidence, ability to speak extemporaneously by presenting a 30 second elevator speech, behavioral interview feedback, and polish your skills for obtaining the job of your dreams.

*Dress for Success - Elevator Speech*

*Resume/Cover Letter Review - Mock Interview*

Please email - [cindy.alcombright@rccc.edu](mailto:cindy.alcombright@rccc.edu) to schedule.

Once scheduled you will receive the Zoom link

Virtual **January 25** 10 a.m. or 11 a.m. (one-hour session)

Virtual **March 22** 10 a.m. or 11 a.m. (one-hour session)

## Too Many Career Roads to Choose: Discover What Directions You Could Take

*Joy Haynes & Victoria Renahan*

**Part 1** of this series will connect undecided students with ways to discover career pathways that align with your interests and your work values.

Virtual **February 2** 10-11 a.m.

Virtual **February 2** 4-5 p.m.

Zoom Link: <https://rccc-edu.zoom.us/j/3982024974>

**Part 2** of this series, you can learn how to explore and compare your potential career paths in-depth. Part 1 is not required to attend Part 2, although this workshop is designed for students who already have one or more specific career paths in mind.

Virtual **February 15** 12-1 p.m.

Virtual **February 15** 4-5 p.m.

Zoom Link: <https://rccc-edu.zoom.us/j/3982024974>

## Transfer Comes in Waves

*Brandi Wardell*

During the workshop, the stages of transfer and what students should be focused on will be covered. The breakdown is based on completed credit hours.

Virtual **February 9** 10:00 a.m.

Zoom Link: <https://rccc-edu.zoom.us/j/93339785822?pwd=T3FJTjFISXBCVzlpYWIKWm9DcVpQZz09>

## Allies in Allied Health: Quick Guide to Navigating the Nursing Competitive Admissions Process

*Robin Seropian & Domonique Baldwin*

During this workshop students will learn about the Nursing competitive admission process and get a preview of HPAS (Health Program Admissions System).

Virtual **February 23** 5-6 p.m.

Zoom Link: <https://rccc-edu.zoom.us/j/8172711541>

## Wisdom 4 The Workplace

*Howard Byrd & Dr. Quinn Lacy*

Overview of the qualities and competencies needed for a productive work-life balance. Students will leave with a greater understanding of the attributes needed to successfully NAVIGATE academic and professional journey.

Virtual **March 1, 2023** 12-1 p.m.

Zoom Link: <https://rccc-edu.zoom.us/j/7019478544>

**March 2, 2023** 12:30-1:30 p.m.

South Campus Building S201 Room 225

## All Things AAS

*Autumn Kinnaird*

Overview of AAS programs, certificates, diplomas. The difference between AAS and transfer programs, how to decide what to take, how financial aid is affected when only in a certificate or diploma, etc. Prospective students in high school will benefit, as well as new and existing college students.

Virtual **April 4** 4-5 p.m.

Zoom Link: <https://rccc-edu.zoom.us/j/2724140186>